

Patient Pulmonary Function Testing Instructions:

IF YOU ARRIVE **15 MINUTES LATE** FOR YOUR SCHEDULED APPOINTMENT TIME, YOUR APPOINTMENT WILL **BE RESCHEDULED**

- Please arrive 15 minutes prior to your scheduled appointment to complete a patient questionnaire
- Please wear easily removable footwear
- Please bring all current respiratory medication(s) or an up-to-date medication list
- No smoking 1 hour before test
- No alcohol prior to testing

If currently taking one of the following medications please hold for the indicated amount of time prior to your **Pulmonary Function Test** for diagnostic testing:

Avoid the following on the morning of the test:

- Airmoir (Salbutamol), Atrovent (Ipratropium), Bricanyl (Terbutaline), Berotec (Fenoterol), Caffeine (coffee, tea, cola drinks, chocolate), Combivent, Oxeze (Formoterol)

Please hold for 24 hours prior to your scheduled appointment:

- Accolate (Zafirlukast), Singulair (Montelukast), Anoro, Breo, Advair, Duaklir, Incruse, Inspirolo, Onbrez,
- Seebri, Serevent, Spiriva, (Tiotropium), Symbicort, Tudorza, Ultibro, Zenhale

There is no need to stop the following Respiratory medications:

- Inhaled Corticosteroids (Flovent, Pulmicort, Qvar, Asmanex, Arnuity)
- Intranasal Corticosteroids (Rhinocort, Flonase, Nasonex)
- Oral Corticosteroids (Prednisone, Prednisolone, Deltasone)

For your convenience, please park in the South Building Parking Lot

Please check in with Ambulatory Care Reception located on the Ground Floor of the South Building Zone A

For results or to rebook your appointment, please call 519-631-2020 Ext. 2378